



# USAG-HI COMMUNITY NEWSLETTER

August 4, 2008



## 1. COMMUNITY

<b>USAG-Oahu</b>	Commander	LTC Mark Boussy	438-0428
<b>Schofield Bks</b>	Acting, Oahu North Community Director	CSM James Brown	655-8978
	Deputy Community Director	Mel Wright	655-1252
<b>Fort Shafter</b>	Oahu South Community Director	Mark Young	438-6996
	Deputy Community Director	Rosey Stone	438-6147

## 2. FAMILY AND MORALE, WELFARE AND RECREATION (FMWR)

**New Travel Specials** – Have you been to ITR lately? They've got a ton of new travel packages just ready and waiting for you. Choose from seven different Australia travel packages, discounts on Hale Koa shows, free tickets to see the new sea lion pup at Sea Life Park and much, much more! Call 655-9971 or 438-1985 or visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) to request more information.

**Fun New Programs at the Tropics!** – Are you a ping pong player? We've got a tournament on August 5 so you can prove you're the best! Does beach volleyball interest you more? We've got that on August 16 and 17! Is relaxing and pampering more your speed? Then join us for the Fashion and Fun night, August 8! Call 655-0002 for more information on all these great programs.

**Arts & Crafts Classes** – There's always something going on at Arts and Crafts! Whether you're into scrapbooking or digital photography, we've got you covered with great programs for both! Need to get the kids out of the house? Join us for Mom and Tot crafts every Thursday or Keiki Fine Art Classes! Call 655-4202 for more information or to sign up for any of these great programs.

**Go for the Gold at the Library** – It's so easy! All you have to do is check out any library material, pick the winning sports card (limit one per day), and then enter to win cool prizes. The program starts Aug 1 and runs through Aug 25. Winners will be contacted Aug 26. The event cards are located at the Fort Shafter, Aliamanu, and Sgt Yano libraries. Please call any library for more information.

**What can the Auto Skills Centers do for you?** – How about emergency towing for when life intervenes unexpectedly (with 25% off for Blue Star Card holders)? They also offer diagnostics and other basic maintenance services to keep your auto running its best. They can even take care of those pesky safety inspections and detail your car while you're there! The professional and courteous staff will always keep you comfortable and make the sometimes intimidating world of vehicle maintenance a little easier to bear.

**Adventure Tours** – Want to inject a little adrenaline into your life? Visit or call Outdoor Recreation today and ask them about their new Adventure Tour program! You could end up hiking, biking,

kayaking, or something else entirely! Each session is designed to provide a challenging yet fun experience you're sure to enjoy! The first session is August 10; call 655-0143 today for details!

**Army Community Service Offers the Following Programs** – Family Advocacy Program; Exceptional Family Member Program; New Parent Support Program; Domestic Violence Program; Sexual Assault Program; Employment Readiness Program; Army Volunteer Program; Army Family Team Building; Hawaii Army Family Action Plan; Financial Readiness Program; Army Emergency Relief; Mobilization and Deployment; Family Readiness Group; Information and Referral; Relocation and Multicultural Moves; and Unit Service Coordinator. Call 655-4ACS or visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com).

**Ladies Night Out: Fashion & Fun!** – This event features a fashion show, fantastic food and wine, and a chance to get pampered with mini treatments from selected service providers on Friday, Aug. 8, 1800 - 2200 at the Tropics, Schofield Barracks. Interested in being a model? Sign-up to strut yourself on the Tropics runway! All shapes and sizes are welcomed. Child care is provided; however, spaces are limited. The deadline to register is Thursday, July 31, or until filled. For event or child care reservations, call 655-5698.

**New Storage Areas Available at Auto Skills** – Got a boat, RV or other recreational-type vehicle taking up space or just more junk than you know what to do with? Try the new boat/RV storage area available at the Fort Shafter Auto Skills. For deploying Soldiers, long-term vehicle storage is available at Schofield Barracks Auto Skills for just \$30 per month per vehicle. Keep your valuables in a safe and secure facility. Both locations also have storage sheds available for rent as well. Call Fort Shafter at 438-9402 or Schofield Barracks at 655-9368 for more information.

**Army Community Theater** - The Army's Richardson Theater is preparing to begin its 66th season and will be presenting a number of well-known plays in the coming months. Oliver will be presented throughout September 08, High School Musical will be presented in late November and early December 08, Curtains will run late February through mid-March 09, and Children of God will be performed throughout May 09.

**Workout without Walls** – Trying to get in shape but the same old routine got you un-motivated? Don't worry - we can help with that! This brand-new program at Outdoor Recreation gives you the chance to try a different workout in a new outdoor location every week on Wednesday, 0900 – 1100. The only thing each session will have in common is that they're all outside! Each session costs just \$10. Call 655-0143 for more information or to reserve your space today.

**Military Long Drive Championship** – The Army's Leilehua Golf Course will host the Morale, Welfare and Recreation (MWR) Long Drive Championship, August 10, 0800. This event is an official Long Drivers of America (LDA) qualifier. Visit [www.mwrarmyhawaii.com](http://www.mwrarmyhawaii.com) for official rules and registration forms or call 655-4653. Active Duty service members from any branch of service, Reserve and National Guard, retirees and family members age 18 years and above with valid military ID cards are eligible to compete. Locally, prizes will include gift certificates to the pro shop. The top long drive competitor at each of the five geographical zones will win an all expense paid trip to compete in the military division at the Long Drive Championship in Mesquite, Nev. The participant who hits the longest qualified drive during the World Long Drive Championship will win \$10,000.

**Beat the Heat and your Fellow Students** – Children 18 years and younger can bowl for \$1.75 per game now through Aug. 28, from 1400 – 1700, Monday-Friday. Shoes are included in price. Call the Schofield Bowling Center at 655-0573.

**Social Hour at the KoleKole Bar & Grill** – Stop in Monday through Friday, 1630 -1730 for \$1.60 domestic draft beers and the manager’s choice of half-priced appetizers. Call 655-4466/0660.

**Golf ‘Til You Drop** – Catch this all you can golf special every Thursday at the Walter J. Nagorski Golf Course, Fort Shafter. Pay one fee and play as many holes as you want. Call 438-9587.

**Golf 4 Food and Fun** – Get a team together and come out to the Nagorski Golf Course, Fort Shafter, every Tuesday, 1430 - 1630 p.m. Golf 4 Food and Fun offers a 9-hole green fee, a foursome platter of pupus from Mulligan’s, a pitcher of beverages, and a luck door prize entry. Call 438-9587.

**Blue Star Card Activities for Spouses of Deployed Soldiers:**

**Health and Fitness Center STACC Site Information** – The STACC site for the Health and Fitness Center will remain free for valid Blue Star Card Holders, Monday-Friday, 0800 – 1100, at Kaala Community Activities Center, Bldg 556. Registration is required. For more information, please call 655-8313.

**Deploying Units** – FMWR is available to come to your pre-deployment FRG meetings to explain the benefits of the Blue Star Card program and answer questions. Please call 438-0376 or 438-2911 for more information or to set up a meeting.

**Still Need a Blue Star Card?** The Blue Star Card is a FMWR deployment discount card for Spouses of deployed Soldiers. The card offers Spouses discounts at FMWR facilities, activities, and special events. Blue Star Cards are valid throughout the entire deployment. For a full list of Blue Star benefits, updates, events visit the website at [www.bluestarcardhawaii.com](http://www.bluestarcardhawaii.com).

**Blue Star Card Email List** – Are you a Blue Star Card Holder, but not receiving FMWR email updates? If so, please email [Darlene.j.marshall@us.army.mil](mailto:Darlene.j.marshall@us.army.mil) so we can register your email address for Blue Star Card updates.

**FMWR Deployment Program Information** – If you have any questions, comments, or feedback regarding the Blue Star Card program or FMWR deployment programs, please contact Darlene Marshall at 438-0376 or email [Darlene.j.marshall@us.army.mil](mailto:Darlene.j.marshall@us.army.mil).

**3. ARMY COMMUNITY SERVICE (ACS)**

**Call the Army Community Service at 655-4ACS to register for classes.  
Classes are limited to 20 participants and are subject to change.**

**Active Parenting Class** – The New Parent Support Program will offer a one-day parenting class for parents of children ages 1 - 4 years. The class will teach parenting skills to enrich the parenting experience, teach parents how to recognize developmental milestones, and teach them how to respond to difficult behavior in children. Please register by calling 655-4227.

Date: 4 & 18 August

Time: 0900 - 1100

Where: Schofield Barracks, ACS, Bldg. 2091

**Ages and Stages of Infant and Child Development** – Understanding the ages and stages of normal child development will help you understand how to care for and encourage your child. Come and join us for this important session. Please register by calling 655-4227.

Date: 28 August  
Time: 0900 - 1100  
Where: Fort Shafter, ACS

**Baby Massage** – Babies are intuitive, and their sense of touch highly developed. Therefore, in addition to many health benefits, the time spent massaging your baby greatly increases your communication and helps you to understand your baby's moods, needs, desires and expressions. Please register by calling 655-4227. **(This is a 4-part consecutive series limited to 10 parents with their babies. Babies should be between 4 and 8 months old.)**

Date: 25 August  
Time: 0900 - 1100  
Where: SGT Yano Library, Bldg. 560, Schofield Barracks

**Breast Feeding Basics** – It should be one of the most natural things in the world. But for many moms, especially new moms, breastfeeding can be confusing. Join us as we learn about getting started with breastfeeding, overcoming challenges, and the importance of breastfeeding for your baby. Register for the class by calling 655-4227.

Date: 4 August  
Time: 0900 - 1100  
Where: Schofield Barracks, SGT Yano Library

**Newborn Care I and II** – How come they don't come with instruction manuals? Taking care of a newborn for the first time can be scary. From holding, to diapering, to bathing, come learn the basics of newborn care to make the early month special for parents and baby. Register for the class by calling 655-4227.

Date: 11 & 18 August  
Time: 0900 - 1100  
Where: Schofield Barracks, SGT Yano Library

**New Parent Support Program - Resource Workshop** – The New Parent Support Program (NPSP) has a Resource Group Workshop available for new parents at the Army Community Service at Schofield Barracks and Fort Shafter. The workshop provides important information on the Nurturing Parent curriculum, resources available in the community, and short videos on basic newborn care, and preventing shaken baby syndrome. Please register by calling 655-4227. Seating is limited to the first 20 participants.

Date: 21 August  
Time: 0915 -1100  
Where: Schofield Barracks, Army Community Service, Bldg. 2091

**Potty Training Your Toddler** – Learn all you can about potty training your child to include the signs that your child is ready and how you get started. Register for the class by calling 655-4227.

Date: 14 August  
Time: 0900 - 1100  
Where: Fort Shafter, ACS

**Anger Awareness** – This workshop provides information about the basic mechanisms of anger. Are you angry? Do you feel like you are out of control? This class will provide the tools to resolve anger in a healthy way. Register for the class by calling 655-4227.

Date: 14 August  
Time: 0900 - 1100  
Where: Schofield Barracks, Army Community Service, Bldg 2091

**Active Communication** – Join us to learn new communication skills and re-tool the ones you already have. Effective communication skills can help improve relationships and break down barriers to quality communication in all your relationships. Register for the class by calling 655-4227.

Date: 21 August  
Time: 1500 -1630  
Where: Schofield Barracks, Army Community Service, Bldg 2091

**Stress Solutions** – Are you stressed out? Can you use some creative ways to manage your anger? Come and learn basic information for designing a personalized stress program. Register for the class by calling 655-4227.

Date: 28 August  
Time: 1500 - 1630  
Where: Schofield Barracks, Army Community Service, Bldg 2091.

**Autism Support Group** – The Autism Support Group continues to meet through the summer. The guest speaker for August, Craig Crisper, will provide information regarding his web based program “It’s all about kids” (a k-12 curriculum that offers tutorials on school classes for children). The group will begin at 1815. On-site child care will be available at 1800. Children must be registered with CYS STACC, and sign up is required. Contact Jane Bruns at 655-4777 or Ethel Manual at 655-1551 for more information or child care reservations.

Date: 5 August  
Time: 1800 - 2000  
Where: AMR Chapel

Date: 13 August  
Time: 1800 - 2000  
Where: SB Main Chapel

**Recreational Swimming** – EFMP will host free swimming to promote parent and child interactions.

Date: 15 August  
Time: 1430 -1700  
Where: SB Richardson Pool

Date: 22 August  
Time: 1430 -1700  
Where: TAMC Recreational Pool

**Financial Readiness Program (FRP):**

Breaking the Financial Bonds – This is a new class to be offered at ACS, SB BLDG 2091, 17 September from 0900-1030. This course provides ways to financially navigate divorce. Topics include marital real estate, investing, retirement, and tax issues. For more information, call 655-4ACS (4227).

The following classes are also offered at ACS. Call 655-4ACS (4227) to register. Class size is limited.

Money Management  
Credit Management  
Home Buying  
First Term Financial Training  
Basic Investing  
Checkbook Maintenance

Predatory Lending Warning – Soldiers and Families should be aware of predatory lending practices. There has been a significant increase in the number of payday loans and predatory loans (higher than 36% interest). It is important to be educated on the negative impact of these loans and how interest rates are calculated. Contact ACS Financial Readiness to talk with a Financial Counselor, 655-4ACS (4227).

**Prepare For The Job You Want!** – Attend an Army Community Service Employment Orientation and get employment information on federal, state, private sector and staffing agencies. Reference materials, job listings, computers, web tour and more will be available for use. Orientations are held at Schofield Barracks, ACS and the Fort Shafter Outreach Center. Call ACS Schofield at 655-4227. Register online at [www.acsclasses.com](http://www.acsclasses.com). Free Child Care vouchers are available! Children must be registered and space reserved by parent; call 655-5314 or AMR, call 833-5393.

**Free Online Classes: Attend Job Search Training from your Home or Office** – All you need is a phone and a computer. If you have never written a resume, have a resume and want a better one, or need a new resume for that great job, the 19 August, 1000-1100 teleseminar *Strategies for Private Sector Resume Writing* is for you. Register at [www.acshiemployment.com](http://www.acshiemployment.com), click on the teleseminar link.

**Spouses Need Money for College** – You may be eligible for a Career Advancement Account (CAA). The Military Spouse Career Advancement Initiative provides assistance to military spouses seeking to gain the skills and credentials necessary to begin or advance their career. CAAs cover the costs of training and education, enabling participants to earn a degree or credential in in-demand, portable fields in almost any community across the country. Spouses can find out more by going to [www.milspouse.org](http://www.milspouse.org) and attending a CAA orientation. Contact ACS at 655-4227 or the Education Center at 655-0800 for more information.

**Free Computer Training For Military Community** – Army Community Service and New Horizons have teamed up to provide computer training to our Military Community. Training will be held at

Schofield Barracks ACS Computer Lab on Tuesdays from 0900-1230 hours and the Fort Shafter Outreach Center on Wednesdays from 0900-1230 hours. Training includes Microsoft Word Levels 1, 2, & 3 and Excel Levels 1 & 2. Reservations will be taken during the month of August. Seating is limited and training begins 19 August 2008. If you would like to learn the computer skills for today's working environment, register online at [www.nhofhawaii.com/acs/](http://www.nhofhawaii.com/acs/)

**4. SCHOOL LIAISON**

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The Joint Venture Education Forum is holding their annual meeting on Thursday, 28 August 08, 0800-1100 at the Hale Koa Hotel. This is the 7th annual meeting and it highlights the partnership between the military community and the Hawaii Public Schools. Please call 477-9143 for more information.

The Hawaii Operation Military Kids Team invites educators to join them at their Ready, Set, Go! Adults who work with children that have a deployed parent are welcome to attend. The first briefing is scheduled for Wednesday, 17 September, 0900-1130 at the Hale Ikena on Fort Shafter. The second briefing is scheduled for Wednesday, 24 September, 0900-1130 at the Nehelani on Schofield Barracks. A continental breakfast will be served on each date. To RSVP or for more info, please email [tamsin.keone@us.army.mil](mailto:tamsin.keone@us.army.mil).

**Domestic Violence and Sexual Assault Awareness classes are available upon request. Please call 655-4779 to request a class.**

**5. FORT SHAFTER THRIFT SHOP**

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The Fort Shafter Thrift Shop will be opening each Thursday afternoon in honor of Gen. Mixon's "Family Day". We will start this program on 11 September from 1400-1800. Consignments will be for active duty ONLY, as we continue to strive to serve our Soldiers. This is an experiment and the result of requests to extend our business hours. We are looking for customers AND volunteers!

The thrift shop is located at Bldg. 342 on Pierce Street, just past the PX Market on the right. Our current hours are Tuesdays and Fridays from 0900 - 1300.

**6. ARMED SERVICES YMCA (Dela LaFleur, 624-5645) 1262 Santos Dumont Ave, WAAF**

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Our office is open Monday through Friday from 0800 -1300 and at other times by appointment.

**The Children's Waiting Room** – Have you been putting your medical appointment off? We can help you with some of your childcare needs while you attend medical appointments on Schofield or Tripler. We have a Children's Waiting Room available providing on site child care for healthy children while parents or siblings attend regular medical appointments.

	<b>Tripler Hospital</b> <i>(808) 833-1185 for reservations</i>	<b>Schofield Clinics</b> <i>(808) 624-5645 for reservations</i>
<b>Monday</b>	<b>8-12</b>	
<b>Tuesday</b>	<b>8-12</b>	<b>8-12</b>
<b>Wednesday</b>		<b>8-12</b>
<b>Thursday</b>	<b>8-12</b>	<b>8-12</b>

<i>Friday</i>		<b>8-12</b>
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**Food for Families** – Our emergency food locker is available to families who are experiencing financial difficulty and who could use some extra assistance. We generally have a supply of canned goods, frozen food, dry goods and personal care items. We also gratefully accept donations of non-perishable items to replenish our food supply. Please call (808) 624-5645 for information.

**PCS'ing?** – Don't throw away your excess food! The ASYMCA gladly accepts your unopened, non-perishable food for our emergency food locker.

**Playmorning** – This family interactive playgroup is designed for children up to age 5 and their parents or caregivers. The program is offered at the following locations from 0900 -1030.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	
<b>Wheeler ASYMCA</b>	<b>Helemano Community Ctr &amp; Iroquois Point</b>	<b>Wheeler ASYMCA &amp; Iroquois Point</b>	<b>Helemano Community Ctr &amp; Iroquois Point</b>	<b>Wheeler ASYMCA</b>	

Would you like to be on the ASYMCA's mailing list? Please e-mail [ASYMCAWHLR@aol.com](mailto:ASYMCAWHLR@aol.com) and ask to be added.

**MAHALO**

**A special thank you to the Hui O Na Wahine for their generous donation to our Playmorning program.**

**7. Directorate of Emergency Services (DES)**

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Temporary Closure of Foote Gate - Foote Gate will be temporarily closed for renovation from 04 – 22 August. During this period, "A" Road will be open for one-way traffic from Lyman Road to KoleKole Ave. All other gates will remain open during their normal operational times.

**8. Scheduled Events**

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**Oahu North**

Townhall

21 Oct 08, 1830, Sergeant Smith Theater

PX/Commissary/Nehelani Advisory Council Mtg

4 Aug 08, 1015, Main Post Conf Rm

6 Oct 08, 1015, Small Post Conf Rm

1 Dec 08, 1015, Small Post Conf Rm

**Oahu South**

Townhall

5 Nov 08, 1830 -1930, Wednesday, AMR Chapel, Activity Room

Fort Shafter PXMarket/ Council Mtg

22 Oct 08, 1000-1100, Wednesday, Aloha Center, OSCD Conference Rm, #201

**8. NEWSLETTER AND MEETING INFORMATION**

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**Website:** The Newsletter is also available on the Division Website at [www.25idl.army.mil](http://www.25idl.army.mil).

**Spouse Information Meeting POC:** Ms. Linda Keller at [Linda.keller@us.army.mil](mailto:Linda.keller@us.army.mil).

**Next SIMS North Meeting:** September 2, 0900, please send any related concerns/changes to 1LT Joseph Yu at [joseph.yu@us.army.mil](mailto:joseph.yu@us.army.mil).

**Next SIMS South Meeting:** Tentatively scheduled for September; exact date TBD.